**Transperineal Ultrasound-Guided Prostate Biopsy**

**Procedure Instructions**

Your doctor has determined that an ultrasound-guided prostate biopsy is necessary.

This procedure will be performed at the Fox Chase Cancer Center Department of Urology,

**50 Huntingdon Pike, 3rd Floor, Rockledge, PA 19046**. The entire procedure usually takes less than 15 minutes; however, registration and monitoring after the procedure may keep you in the office for several hours. You must urinate before going home.

This procedure is performed using numbing medication. You will be awake during the procedure.

Risks of this procedure include, but are not limited to, infection (very low risk), bleeding or bruising at the needle insertion site, tenderness at the biopsy site, and difficulty urinating.

You will be given detailed instructions after your procedure, but here are a few key points to know before your procedure:

1. Unless instructed otherwise, **do not take aspirin, aspirin-containing products, or NSAIDS (Ibuprofen, Advil, Naproxen, or Motrin) for one week before biopsy.** Also, avoid vitamin E, fish oil, and flax seed oil. You may take Tylenol.
2. Eat and drink normally before and after the procedure.
3. Please bring a driver with you on the day of the procedure.
4. If you plan to take pain or anti-anxiety medications for this procedure, please discuss it with your doctor or nurse before the day of the procedure.

**YOUR APPOINTMENT IS SCHEDULED FOR: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Important Phone Numbers**

Monday – Friday 8 am to 5 pm call: **215-728-4300**

All other times: **215- 728-6900**